

5.

Many hikers have come a long way-  
From Georgia or Maine, hundreds of  
miles away.

The Spa is where they want to rest  
To soak their bones and be a guest.

Immersing themselves in deep history  
Learning this town's rich mysteries.

The town was Warm Springs ere 1886  
But turned to Hot Springs which the  
water depicts.

A resort it became, known far and wide  
Where German merchants did reside.

While World War I was in full swing  
An internment camp was made in  
Hot Springs

Their wives and pets from the luxury  
liner.

Can you think of a prison any finer?



6.

From the bridge over the French Broad River  
Look up to see rocks so high you'll quiver.

Lovers Leap , a short hike from town  
Where breathtaking views do abound.

The old legend of Lover's Leap  
Is a tale that will make you weep.

Two tribes set against each other  
Did not consider the other their brother.

A brave loved a woman of opposing tribe  
They could not marry, no matter the bribe.

So both climbed the rocks way up high  
And jumped to their death in one last cry.

Now retrace your steps back through town  
Bluff Mountain Outfitters is where you are  
bound.

Here is your riddle, you have the answer:

How many emblems are marking the path,  
Did you count them and do your math?

What is the shape , and how many?

— — — — —

To solve the puzzle and finish the quest,  
Tell the staff and they'll do the rest.

*Thank you for exploring this*

*A.T. Community.*

*For more information, go to  
[www.appalachiantrail.org](http://www.appalachiantrail.org)*

## Hot Springs Appalachian Trail Day Hikers Discovery Quest



*So just what is a quest, you say?  
A treasure hunt of sorts you play.*

*In each rhyming verse is found  
A.T. lore about this Trail Town.*

*Count the shapes with A.T. inside  
And they will lead you as a guide.*

*To facts, legends, history, and more  
All that the A.T. has in store.*

★ **1.** Begin at the Pisgah National Forest Kiosk located on Serpentine Ave.

Look past the sign up into the woods. It tells why invasive plants are no good.

A monument of stone you will see For the A.T.'s anniversary.

In what year was the A.T. complete? Write the last two numbers right here real neat: \_\_\_\_\_

Now, subtract 1 \_\_\_\_\_

**2.** Go back to the Kiosk.

Cross the road and down some steps, to continue on your quest.



Cross Hwy 209 and head towards town. To begin your count, you must look down.

**3.** In Hot Springs the mountains do surround Take time to look up and around

Observe the seasonal life cycle events Phenology is the term for the sequence.

Just a reminder, as you traipse Along the Trail please count the shapes.

Record Tally Marks here:

**4.** Just past A.T. marker 20 You'll find a place with history a plenty.

At Sunnybank Inn lived Gentry, Jane. She sang old songs again and again.

Cecil Sharp took her ballads Appalachian And collected Jack Tales, too many to mention.

Since 1840 this house has stood proud With all kinds of dogs and hikers allowed.

Earl Shaffer stayed here, hiking in '48. Elmer Hall bought the Inn he thought so great

Since '78 lives Elmer has lived here Providing his guests with good food and cheer.

Over 2000 miles Earl Schaffer did walk From Springer to Katahdin was the talk.

That's 14 states he walked right through A book he wrote for me and you.

Earl's *Walking With Spring* first told the story Of the beautiful Trail in all its glory.

